

Please read again the information about group work and Journey into Healing in the leaflet or on the website – www.journeyintohealing.co.uk.

The facilitators will be responsible for keeping the whole group safe and you will be responsible for keeping yourself safe.

All our Gestalt work is in accordance with BACP guidelines and framework of ethical and professional practice which can be found at www.bacp.co.uk.

Please answer the questions below. (These will be treated as confidential.)

- 1 **What are you looking for in this workshop?**

- 2 **Have you experienced any major change in your life recently?**
(eg bereavement, relationship, house or job change)

- 3 **Do you suffer from any of the following?** (Please elaborate.)
Addictions (eg alcohol, gambling, food, etc.)

Depression

Self Harm

Other mental health conditions

- 4 **Please give details of any medication.**

- 5 **How would you describe where you are currently on your spiritual journey?**

- 6 **Have you been to a *Journey into Healing* event before?**

- 7 **How did you hear about us?**

- 8 **Is there anything else you want to say about yourself which would help us make this a good event for you?**

(Please continue on a separate sheet if you need the space.)



Journey into Healing
Workshops in Groups
www.journeyintohealing.co.uk

Administrator, 6 Colchester Road, Sheffield S10 1SY administrator@journeyintohealing.co.uk

“Tell me, what is it you plan to do with your one wild and precious life?”
Mary Oliver

The purpose of the workshops is to be open to ourselves, to each other and to God for growth and healing.

Who is it for? It is suitable for all who are looking for healing and growth in their personal and spiritual lives. The growth looked for may be in our relationships or in our inner, emotional or spiritual lives. It is not a requirement that group members be professing Christians, but this is the context in which the groups run.

What happens? Much of the time is spent in small groups facilitated by experienced leaders. On the residential conferences there is also worship and some introductory teaching.

What kind of groups? The group work includes personal growth work, Gestalt approaches, healing the inner child, and an openness to the healing work of the Holy Spirit—all in a worshipful atmosphere and peaceful surroundings.

What is Gestalt? Gestalt approaches are creative, encourage self awareness and insist on respect, freedom of choice and personal responsibility.

Our small groups become safe places to risk being authentic and exploring whatever is blocking the fullness of life we desire and which Christ came to bring. Workshops can be a personal healing experience and at the same time enhance and inform one’s own ministry. It is understood that no-one is accepted as an observer, but that all participate in the group work. Strong feelings are sometimes expressed in the groups.

For more information and details of the facilitators go to
www.journeyintohealing.co.uk.

Journey into Healing Residential Workshop 2020

15-18 June, 2020 Scargill House, Kettlewell, N. Yorkshire
4.00 pm Monday—2.00 pm Thursday (£320.00)

(Please note a non-refundable deposit of £50 is requested with booking.
Cancellations six weeks before the workshop are liable for half the total cost
and four weeks before for the full amount.)

Non-Residential Days 2020

Since not everyone can attend a residential workshop, you may choose to come for one day only to work in a small group exploring ways to grow on your Christian journey.

You will be listened to and helped to respond to the healing love of Jesus in your own unique way. The day begins with coffee/tea and a short devotional before breaking into small groups with a facilitator. All who attend must be willing to honour the confidentiality of other group members.

The Bield Journey into Healing Days in 2020

The Bield at Blackruthven, Tibbermore, near Perth, Scotland
Contact: Muriel at info@bieldatblackruthven.org.uk for dates and costs.
10.30 am with coffee; Ending time: 4.00 pm

Journey into Healing Residential Workshops Application Form 2020

I wish to apply for a place for the workshop
at Scargill House from 15-18 June 2020

Name (print)(Title)

Address.....

.....

..... Post Code

Telephone E-mail

Age group (please circle)
20-29 30-39 40-49 50-59 60-69 70+

Would you share a room if necessary?

Do you have any special accommodation requirements?

.....

Do you have dietary requests?

Vegetarian? Gluten free?

Other?

I am attaching a non-returnable deposit of £50.00 (Fifty)
(Cheques payable to *Journey into Healing*)

I will pay the balance by 8 May

I have filled in the back of this form.

Signature Date

Please complete and return this form to:
Administrator, Journey into Healing
6 Colchester Road, Sheffield S10 1SY
Or contact administrator@journeyintohealing.co.uk